

## **Assessment Procedure**

### **EMOTIONAL AND SOCIAL INTELLIGENCE Value Added Certificate Course**

**Course Code: CVAC008**

Students are evaluated on the basis of practice quiz, assignment and final examination. Only those students who have submitted assignment are allowed to attend the final examination. A sample question paper is given below:

**CVAC008**

### **CHRIST COLLEGE (AUTONOMOUS) IRINJALAKUDA CERTIFICATE COURSE EXAMINATION , 2017 EMOTIONAL AND SOCIAL INTELLIGENCE**

**TIME: 2 Hours**

**MAX. MARKS: 50**

**Answer any five questions. Each question carries 10 marks.**

1. What's happening inside our head when we lose control ? Explain.
2. What are the various kinds of emotions?
3. Difference between optimism and pessimism.
4. How do you prefer to build rapport with others?
5. Discuss the role of listening in emotional intelligence.
6. How to manage our emotions?

5x10 = 50



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